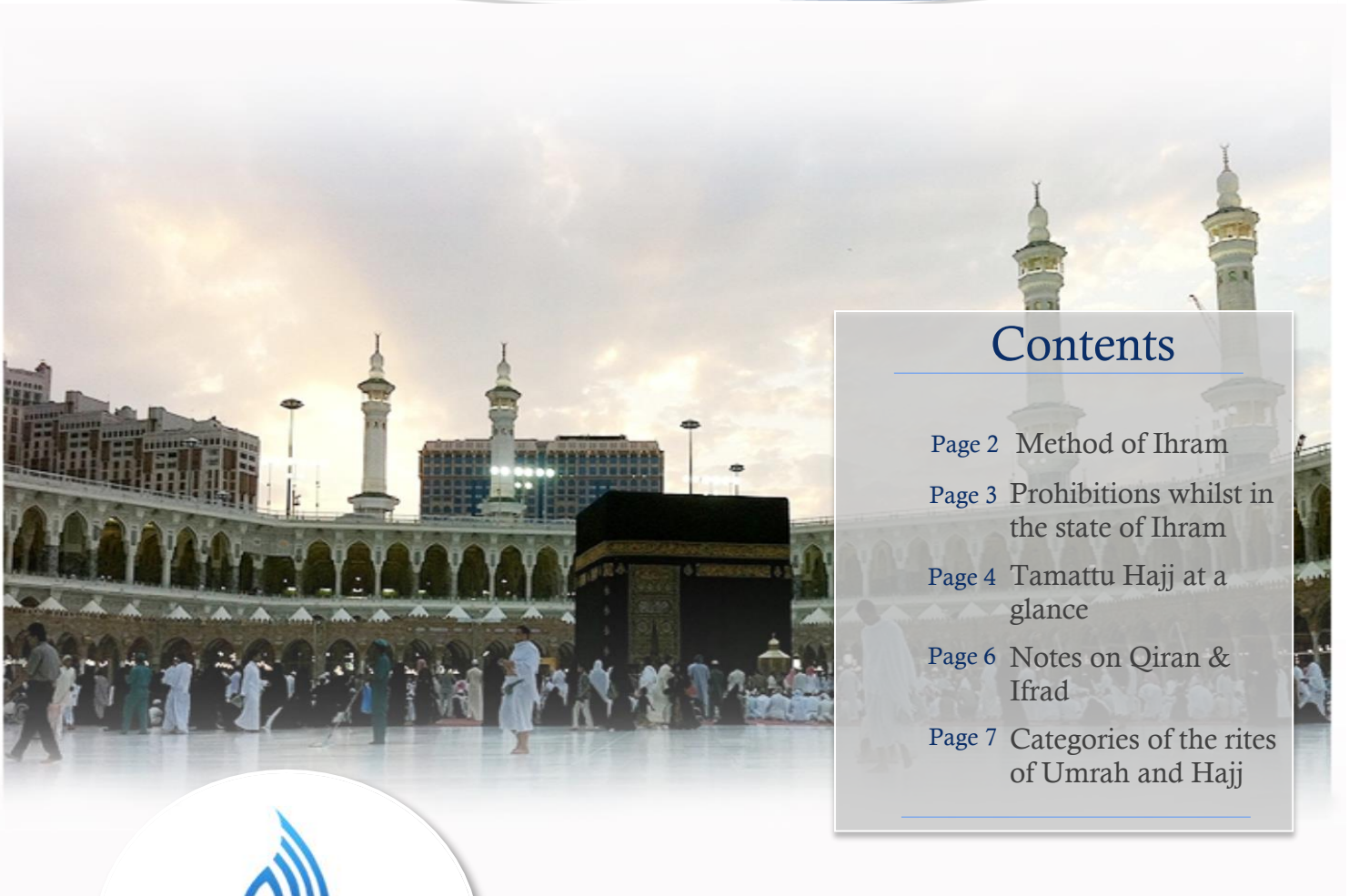


Hajj & Umrah at a Glance

By Imam Rashid Ahmed

A complete summary of the rites of Hajj including Ihram
and its prohibitions



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Method of Ihram

1. A pre-requisite for performing Hajj or Umrah is Ihram
2. One must be in the state of Ihram before crossing the Miqat. For those entering Jeddah by air they should be in the state of Ihram at least 40 minutes prior to landing there
3. Masnun way of Ihram are:
 - a. Take a shower or at least perform Wudu
 - b. Men should wear two unstitched sheets
 - c. Women do not have any designated special clothes for Ihram
 - d. Perform two Rak'ah of Salah
 - e. Those performing Hajj Tamattu make intention for Umrah only. Those performing Qiran make intention for Umrah and Hajj together. Those performing Ifrad make intention for Hajj only
 - f. After intention continue reciting the Talbiyah upon each change of direction

Talbiyah

لَبَّيْكَ اللَّهُمَّ لَبَّيْكَ، لَبَّيْكَ لَا شَرِيكَ لَكَ لَبَّيْكَ،
إِنَّ الْحَمْدَ وَالنَّعْمَةَ لَكَ وَالْمُلْكَ لَا شَرِيكَ لَكَ



“Here I am O Allah, here I am. Here I am, You have no partner, here I am. Surely all Praise, Grace and Dominion are Yours, and You have no partner.”

Prohibitions whilst in the state of Ihram

- Sex or any activity relating to it
- Killing of any creature, crawling or flying. It is also forbidden to guide someone else to do the same
- Clipping nails or cutting hair
- Use of any kinds of fragrance whilst in the state of Ihram. Putting on fragrance before one goes into the state of Ihram and that smell continuing is not forbidden
- Men wearing stitched clothes
- Men covering their head or face. Women also should not cover their face
- Men wearing footwear that do not expose bone of the upper part of the feet
- Falling of bodily hair as a result of intentional actions [such as scratching, combing etc.]
- Men wearing any undergarments
- Marriage, arranging or proposal of it



Tamattu Hajj at a glance



1. Before passing the Miqat
 - a. Take shower or at least perform Wudu
 - b. Men to wear the Ihram sheets, women continue in their normal clothes
 - c. Perform two Raka'h Salah
 - d. Make intention for Umrah
 - e. Invoke Talbiyah [Labbaik Allahumma Labbaik...] and continue chanting it at every change of direction until you begin the Umrah

2. Perform Umrah in the month of Zul Hijjah and before the rites of Hajj begins
 - a. Make intention for Tawaf
 - b. Do Istilam of Hajr e Aswad [kissing of Blackstone or if not possible, pointing palms towards it]. Once this is done chanting of Talbiyah is no more
 - c. Invoke Takbir [Allahu Akbar] and start the Tawaf
 - d. Do the seven rounds of Tawaf – each round beginning and ending at Hajr e Aswad
 - e. For men only – do Ramal [walking with your chest out and like march of a soldier] in the first three rounds and Ijteba [exposing the upper part of the right shoulder] in all seven rounds of the Tawaf
 - f. Once all rounds of Tawaf are complete perform two Raka'h Salah behind Maqam e Ibrahim
 - g. After the Salah, drink Zam Zam water
 - h. Then go to Multazam [the wall between the door of the Ka'bah and Hajr e Aswad] to make Dua'
 - i. Go to Mount Safa to start your Say'ee
 - j. Standing at mount Safa, make Dua' facing the Ka'bah and start Say'ee with Takbir. Each round starts at mount Safa and ends at mount Marwah.
 - k. Say'ee concludes at mount Marwah
 - l. For each round, in between the 2 green pillars [also green lights] men should hasten their walk
 - m. Prophet of Islam ﷺ made Dua' in both Safa and Marwah and during Say'ee.

- n. Following the completion of Say'ee, make yourself Halal by men shaving or shortening their hair and women by removing a little from the tips of their hair
- o. Have a shower and put on normal clothes

Please note: whilst in Tawaf or Say'ee one may recite Masnun Dua's, do Dhikr, Tawbah and Isteghfir or may recite the Qur'an.

- 4 On 8th Zul Hijjah or before, make preparation for the Hajj
 - a. Take a shower or perform Wudu
 - b. Put on your Ihram from where you are
 - c. Perform two Raka'h Salah
 - d. Make intention for Hajj
 - e. Invoke Talbiyah [Labbaik Allahumma Labbaik...] and continue chanting it at every change of direction until the first pebble is thrown at Jamarat e Kubra on 10th Zul Hijjah
 - f. Travel to Mina for Hajj
- 5 From Dhuhr of 8th Zul Hijjah until Fajr of 9th Zul Hijjah, perform the Salah in Mina
- 6 On 9th Zul Hijjah after sunrise travel to A'rafat. Perform Dhuhr and Asr there. Remember staying in A'rafat is the main ritual of Hajj
 - a. Stay in A'rafat until sunset and engage in continuous I'badah, Tawbah and Isteghfir
 - b. Between the time of Asr and before Maghrib, go outside the tent and stand under the open sky and make Dua'
 - c. Maghrib prayer should not be performed in A'rafat
- 7 After sunset, begin your journey to Muzdhalifah
 - a. Perform Maghrib and I'sha in Muzdhalifah, together at I'sha time
 - b. Spend the night under the open sky in the planes of Muzdhalifah
 - c. Collect your pebbles for Jamarat
 - d. After Fajr prayer make Dua', Tawbah and Isteghfir and make your return journey to Mina

8. On 10th Zul Hijjah
 - a. After reaching Mina and resting a little while go to Jamarat Al Kubra [the largest Jamarat] as per instruction of the Mutawwif. Recite Takbir and throw the first pebble. After this, one no longer needs to chant the Talbiyah. The remaining pebbles should be thrown one by one by invoking Takbir before each one. All together seven pebbles are to be thrown. No Dua’.
 - b. Perform Hajj related Qurbani
 - c. Men should completely shave or shorten their hair and women should clip a little from the tips of their hair
 - d. Take shower and change into normal clothes

9. Do Tawaf e Ziyarah [Ifadah] and Say’ee in normal clothes. This Tawaf and Say’ee can be done until 12th Zul Hijjah before Maghrib time

10. Return to Mina and stay two / three further nights.
 - a. On 11th, 12th [those staying the extra night 13th] Zul Hijjah, after Zawwal time perform your Rami e Jamarat. Each day you should throw pebbles on all three Jamarat starting from the smallest. Once you complete the seven pebbles for the smallest Jamarat you can make Dua’. Similarly once you complete the seven pebbles for the medium Jamarat you can make Dua’. However there is no Dua’ for the largest Jamarat. Throw seven pebbles at each Jamarat so each day twenty one pebbles need to be thrown

11. If you are not staying the extra night leave Mina before sunset of 12th Zul Hijjah.

12. Before you leave Makkah for Madinah or return to UK, make sure to perform Tawaf e Wida [farewell Tawaf]. No need to perform Say’ee on this occasion

Please note: Those performing Hajj e Qiran, should do all the rituals mentioned above without breaking Ihram after the completion of first Umrah. They will continue with that Ihram for Hajj. They may perform Tawaf Qudum at their convenience before going to Mina for Hajj. Those performing Hajj e Ifrad have no Umrah and Hadi. They may perform Tawaf e Qudum before Hajj.

Categories of the rites of Umrah & Hajj

Umrah

1. Ihram (prerequisite for a valid Umrah)
2. Tawaf (Fard)
3. Say'ee (Wajib)
4. Halaq or Qasar (Wajib)



Hajj

1. Fard acts
 - a. Ihram (prerequisite of Hajj)
 - b. Staying in A'rafat
 - c. Tawaf e Ziyarah [Ifadah]
2. Wajib acts
 - a. Staying a little while in Muzdhalifah. According to the Hanafis this time is between Fajr and sunrise
 - b. Say'ee
 - c. Throwing pebbles at Jamarat
 - d. Hadi [Qurbani] for those performing Hajj e Tamattu or Qiran
 - e. Shaving or shortening hair to break the state of Ihram
 - f. Performing Tawaf e Wida by those who are from outside the boundaries of Haram
3. Sunnah acts
 - a. Tawaf e Qudum for those performing Hajj e Qiran or an outsider perform Hajj e Ifrad
 - b. Ramal in Tawaf e Qudum [first Tawaf]. If not done in the first Tawaf, then to do Ramal in Tawaf e Ziyarah or Tawaf e Wida
 - c. Khutbah of Imam on three occasions
 - i. In A'rafat on 9th Zul Hijjah before performing Salah
 - ii. On 10th Zul Hijjah in Makkah
 - iii. On 11th Zul Hijjah in Mina

- d. Spending the night of 8th Zul Hijjah in Mina
- e. Starting the journey for A'rafat after sunrise of 9th Zul Hijjah
- f. Leaving A'rafat after the Imam
- g. Spending the whole night of 9th Zul Hijjah in Muzdhalifah
- h. Taking a shower in A'rafat
- i. During the days of 8th, 10th, 11th Zul Hijjah spending the nights in Mina
- j. Resting in Muhassab for a little while on the return journey from Mina to Makkah

Any steps mentioned in 'Tamattu Hajj at a glance' but not mentioned above are amongst the 'Mustahabbat' (Desirables)



Dua' for A'rafat

The prophet of Islam ﷺ said that, 'The best Dua' is the Dua' of the day of Arafat. And the best words I and the prophets before me have pronounced is'

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ۔

None is worthy of worship but Allah. He is alone none is his partner. Sovereignty is for him and all praises and He is powerful over all things

Dua' for Tawaf

in between Rukn Yemeni and Hajr Aswad

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي
الْآخِرَةِ حَسَنَةً وَقِنَا عَذَابَ النَّارِ

Our Lord! Grant us good in this world and good in the hereafter, and save us from the chastisement of the fire"
[2:201]

Dua' for Say'ee

in between the green pillars

رَبِّ اغْفِرْ وَارْحَمْ، إِنَّكَ أَنْتَ الْأَعَزُّ الْأَكْرَمُ

My Lord, forgive and have mercy, You are the Most Honoured, the Most Bounteous